



FRIDAY APRIL 3, 2020

'HEALTHY CAREGIVING' BOOK LAUNCH

Inspirational New Resource for Care Professionals

Michelle O'Rourke RN is excited to share her latest book, an encouraging, reflective resource for people working or volunteering in a care sector, including health care, social work, chaplaincy and more.

"Simple, honest, and practical. 'Healthy Caregiving' reminds us that while caregiving can wound and exhaust us, it can also heal and transform us." - Christopher DeBono, V.P. Mission, People and Ethics, Providence Health Care, B.C.



**Join us for a book
launch and signing
event!**

**Come out to greet
Michelle and pick up
your signed copy.
All three of
Michelle's books will
be available for
purchase.**

(cash, cheque, debit or credit)

Everyone Welcome

**For more info visit
selahresources.ca**

**WILLIAM STREET
CAFE**

28 William St. S.
Chatham, ON

Friday, April 3

5 to 8 p.m.